



OFFICIAL AND COMPULSORY MEDICAL CERTIFICATE

This medical certificate + electrocardiogram at rest must both be signed and dated less than 30 days before the start of the race, after the 07 March 2017, and presented during the technical and administrative checks on 08 April 2017.

I hereby, the competitor (Full name)

Allergy

Medical, Surgical history

Regular or current medical treatment (note the name of the active principle : The ICD - International Common Denomination, not the commercial trademark). This is very important for medical reasons, and in case of doping control.

I certify that the above information is exact

Competitor's signature

Made at

Date

I, the undersigned, Dr

Address

Certify that Mr, Mrs, Miss

born

has undergone a thorough clinical examination with a weight of kg/Lbs

blood pressure of A pulse of per minute, a normal rest electrocardiogram.

This ECG report at rest must be shown along with this certificate.

does not indicate any medical objection to marathon, about 250 Kms, or endurance trek in an extremely arid climate with temperatures of up to 45°C.

Over the age of 40, an ECG during effort is strongly recommended in addition to the ECG at rest. The results can be attached to the medical certificate.

Made at

Date

Signature and Stamp